

LONDON FIELDSTM

SPIN STUDIO E8

by Sapan Sehgal

Spin Timetable - July 2018

Monday

6:45PM
Spin Cycling w/ Caliegh

7:30PM
Spin Cycling w/ Caliegh

Tuesday

6:45PM
Spin Cycling w/ Daniel

7:30PM
Spin Cycling w/ Daniel

Wednesday

6:45PM
Spin Cycling w/ Gordon

7:30PM
Spin Cycling w/ Gordon

Thursday

6:45PM
Spin Cycling w/ Aleesha

7:30PM
Spin Cycling w/ Aleesha

Friday

Go out and party!

Saturday

9:15AM
Spin Cycling w/ Marcela

10AM
Spin Cycling w/ Marcela

Sunday

10AM
Spin Cycling w/ Caileigh

10.45AM
Spin Cycling w/ Caileigh

£10 per class, £40 for 5 classes, £75 for 10.

Bookings essential. Book now via email/text:

info@londonfieldsfitness.com / +44 (0) 7743 795 833

londonfieldsfitness.com / [@londonfieldsfit](https://www.instagram.com/londonfieldsfit) / 379 Mentmore Terrace, London E8 3PH